

# Edible Education

An edible education places the child at the center of their learning. Through holistic, inclusive, culturally-responsive pedagogy and practices, students develop skills, knowledge and behaviors that enrich their academic and non-academic lives, bolster their individual, community, and global identities, and cultivate meaningful engagement with their own health, the health of their communities, and the health of the environment. A child-centered theory and practice, edible education engages every context within a child's learning, from the traditional classroom to the kitchen and garden classrooms, the lunchroom, as well as their home and broader communities.

